

Newsletter

AUGUST 2013

Chesapeake Professional Women's Network, Inc.
Building Relationships. Growing Businesses.



Harford County Sheriff's Office

Publisher The Chesapeake Professional Women's Network

Editor The CPWN Newsletter Committee

CPWN

PO Box 654 Bel Air, MD 21014 www.cpwnet.org



Sheriff L. Jesse Bane oversees the Harford County Sheriff's Office, a progressive Maryland Law Enforcement agency, providing professional police, courts and correctional services to the citizens of Harford County. Having as its motto, Courage, Honor, and Integrity in the Pursuit of Justice, the Sheriff's Office has become an integral working part of the community, providing for the safety, health and well being of county residents.

Sheriff L. Jesse Bane has been a resident of Harford County since 1954 and a member of the Harford County Sheriff's Office for over 40 years. He became Sheriff of Harford County in 2006. A graduate of Bel Air High School and the University of Maryland at College Park, Sheriff Bane is a well known and integral part of this community.

September's Speaker: Sheriff Jesse Bane

During his career, Sheriff Bane has chaired the committee to establish the 911 Emergency Number System for Harford County, chaired the Harford County Narcotics Taskforce, established the Sheriff's Office Child Support Enforcement Unit, played a lead role in the creation of the county's shelter for victims of domestic violence and sexual assault, partnered with Harford County Public Schools and Maryland Park Police to create summer jobs for at risk youth in Harford County. Sheriff Bane has also been involved in numerous non-profits and community groups over his career as well.

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September's Meeting Sponsor: Harford County Public Library



Harford County Public Library has been the home of great stories for more than 65 years. The Library not only offers numerous resources it also plays an important role in the personal stories of each of its customers. Libraries often provide the spark that begins a lifelong love of reading, a catalyst for a new business venture, or a first-step in an individual's next adventure, whether a trip to the Grand Canyon, buying a first

home or planning for retirement.

While Libraries are known for their collections — books, magazines, movies, music — Harford County Public Library offers so much more! STEM learning through its *LEAP* and *Little Leapers* collections; a vast collection of early literacy learning opportunities including *Puppy Tales*, the *Learning and Sharing Collection*, story times like *Diaper Gang* and *Toddler Tales*, the summer reading program; digital products through HCPLonline.org including *Zinio*, digital magazines; *Freegal*,



downloadable music; *Hoopla*, movies and television shows; *IndieFlix*, independent films, *Axis 360*, eBooks; and *Learn4Life*, hundreds of online courses all free!

This fall Harford County Public Library is participating once again in *One Maryland One Book*. In its 6th year, this program is designed to bring together diverse people in communities across the state through the shared experience of reading the same book. This year's selection is *King Peggy*. Discussions of the book will be held for people to share personal experiences and insights. King Peggy will be appearing at Harford Community College Chesapeake Theater on September 18th. Also, this year the Library is participating in Wandering Books --- Find one of 35 books in the community from clues on the Library's facebook page, register it at Bookcrossing.com, read it, and "release" it somewhere else. *One Maryland One Book* is a program of the Maryland Humanities Council and is offered in Harford County by the Library and its partners - Harford Community College library, Harford County Community Services and the Hosanna School Museum. For complete information about book discussions, the author appearance and Wandering Books, please visit HCPLonline.org. See you at the Library!



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CPWN's Upcoming Networking Events

September 10, 2013 - Luncheon 11:30am-1:30pm

Location: Maryland Golf and Country Club, 1335 East MacPhail Road

Members: \$20/Non-members: \$30

Speaker: Sheriff Jesse Bane, Harford County Sheriff's Office

Sponsor: Harford County Public Library

October 8, 2013 - CPWN Fashion Show 5:30pm - 9:00 pm

Our annual Fashion Show supporting Harford County Women's Charities

Members: \$45/Non-members \$55/Table of Ten \$450 Location: Richlin Ballroom, 1700 Van Bibber Road

November 12, 2013 - Luncheon 11:30am - 1:30 pm

Location: Maryland Golf and Country Club, 1335 East MacPhail Road

Members: \$25/Non-members: \$35

Speaker: Dr. Dennis Golladay, Harford Community College - HCC Nursing

School

Lyle Sheldon, Upper Chesapeake Health -Upper Chesapeake Cancer Center

Sponsor: Renee McNally, HR Solutions, LLC

Event Registrations Close on the Friday before the event at noon.

Cancellation Policy: Please remember it is CPWN policy that change to an event registration must be made NO LATER THAN the Friday before an event. If you do not notify CPWN by this date, you will be responsible for the full registration fee.

2013 CPWN Networking Meeting Sponsorship Guidelines

- ♦ Must be a member in good standing (annual dues paid, no outstanding invoices).
- ♦ Your sponsorship may be used to promote the business that employs you, or that you own (in whole or in part).
- ♦ Sponsorships fee is \$150 (unless designated a special event) and includes 1 event registration (*please* do not register for the event, as your 1 event registration is done automatically).
- ♦ Sponsorship fee is to be paid in advance of the sponsored event.
- ♦ You need to provide a door prize.
- ♦ You have exclusive use of table tops to put marketing material, promotional items, etc. Please arrive early to distribute the material.
- ◆ You have 5 minutes to speak/present. Please do not go over this time limit.
- ♦ Sponsors are featured in CPWN's newsletter. Please provide us with 250-300 words about your company. Someone from the newsletter committee will contact you the month prior to the event.
- ♦ All sponsorships are subject to approval of the Board of Directors of CPWN.
- ♦ Sponsorship guidelines are subject to change by the Board of Directors of CPWN.

13 Quotes for Women Leaders from Women Leaders

- ♦ "Many women live like it's a dress rehearsal. Ladies, the curtain is up and you're on." Mikki Taylor, Editor-at-Large, Essence Magazine
- ♦ "If Lehman Brothers had been Lehman Brothers and Sisters we probably wouldn't have had our financial meltdown." – Betty Spence, President, National Association of Female Executives
- ♦ "When things are going really bad, make sure you put on your lipstick. People are watching you and they want to see that you are confident especially in times of trouble." Lisa Gersh, President and COO, Martha Stewart Living Omnimedia
- ♦ "You can love your job, but your job will not love you back." Cathie Black, Former Chairman and President, Hearst Magazines
- ◆ "Don't Be Your 'First, Worst' Critic" Virginia Rometty, CEO, IBM
- ♦ "Women are always angsting over things. Guys don't do that." Cathie Black, Former Chairman and President, Hearst Magazines
- ♦ "There are more than 190 members in the wine caucus and less than 20 in the civility caucus. What does that tell you?" West Virginia Congresswoman Shelley Moore Capito on life in Washington.
- ♦ "Don't just stand for the success of other women insist on it." Gail Blanke, President and CEO, Lifedesigns
- ♦ "There is no either / or between being competitive and collaborative. You have to be both and decide which in each situation." Cathie Black, Former Chairman and President, Hearst Magazines, on the realities of corporate business
- ♦ "I hate the word failure, but I love the word mistake." Lisa Gersh, President and COO, Martha Stewart Living Omnimedia
- ♦ "I never pay attention to age or gender. There are just too many other more important things to consider." Martha Stewart, Founder, Martha Stewart Living Omnimedia
- ♦ "Walt Disney told his crew to 'build the castle first' when constructing Disney World, knowing that vision would continue to serve as motivation throughout the project. Oftentimes when people fail to achieve what they want in life, it's because their vision isn't strong enough." Gail Blanke, President and CEO, Lifedesigns
- ♦ "I don't make long-term plans. I make short-term goals. My life is proof that you never know what can happen." Katie Lee, Food & Lifestyle Expert

The following quotes were from blog writer and career coach Emily Bennington and her article *13 Quotes for Women Leader from Women Leaders* dated April 30, 2012. The complete article can be found at www.emilybennington.com.

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Community Members from Past and Present Come Together to Recognize 35 Years of SARC Serving the Community

SARC is the non-profit in Harford County providing hope and resources to victims of domestic violence, sexual violence, child abuse, and stalking. The agency is recognizing a major milestone this year, it's 35th anniversary of serving the community.

In 1977 when a person was sexually assaulted in Harford County, community members quickly realized that there were no local resources avail-

able to assist her. Awareness campaigns by People Against Rape, Harford County Commission for Women, Maryland State Police and League of Women Voters sought to address this issue. The agency that would later become the Sexual Assault/Spouse Abuse Resource Center, Inc. (SARC) opened its doors on July 10, 1978. Although the original focus was serving victims of sexual violence in the community, volunteers answering the Center's 24-hour Helpline quickly learned that many victims of sexual violence where also domestic violence victims. In order to best serve the community, one month later services expanded to include victims of domestic violence.

Joan Hodous, Hazel Hopkins, Judith Walkley, Marlene Lieb, JoAnn Macdonald, Kathy Casey and Kelsey Luchey have come together to revisit SARC's past, and uncover the helping hands that have brought SARC to this place today. Joan Hodous was one of the key community members in the grassroots effort that later became SARC, setting up the first helpline in her kitchen back in 1978. Eventually, the headquarters moved to the Community Service Building in Aberdeen, funded by a meager federal and state grant. The organizers of SARC trained community volunteers to serve as counselors and provide administrative support, treating 240 battered women, 29 sexual assault victims and fielding hundreds of calls in their first year. From answering the helpline in Joan's kitchen, to now receiving over 1,800 calls per year, much has changed but the caring hearts of the community remain the same.

SARC incorporated in 1981, expanding staff to support clinical services, legal support, crisis intervention services and community outreach programs. The enhancement of services was made possible through support from the U.S. Department of Human Resources, Victims of Crime Act, Governor's Office of Crime Control and Prevention, Maryland Victims of Crime Fund, Harford County Government, U.S. Department of Justice Violence Against Women Office, and United Way of Central Maryland, and you, the individuals who donated so much of your time, talent and treasure.

SARC still relies on volunteers to help support the community. Volunteers help the staff by answering helpline calls and going on companion visits to the hospital when victims are admitted. Volunteers and community members also help SARC staff in preparing for and running fundraising events throughout the year. These are just a few ways the many crucial volunteers have made SARC work throughout the years.

SARC also offers robust support services by highly trained legal, counseling, and safehouse staff. SARC continues to be committed to providing quality services and has been a leader in the implementation of best practices like Trauma Informed Care. The agency has a long history of being a life line for tens of thousands of victims struggling to survive the trauma created by violence in our community. SARC's mission has guided it through the past 35 years; "we work to end domestic violence, sexual violence, and stalking, to aid its victims and to create a society free from abuse and fear."

The 35th Anniversary Committee has been working over the past few months to uncover milestones from SARC's history and develop a memory book to highlight the contribution SARC has had to the community. On September 21st, 2013 at SARC's 4th Annual *Rising Above It* Hot Air Balloon Family Fun Day, there will be a gathering of community members young and old to take a look at this memory book, reconnect with the past, and work towards strengthening SARC's future. SARC invites everyone who has been part of SARC's past to join us on September 21st at Harford Equestrian Center for this event. The event runs from 11am-6pm and tickets are \$5, children under 5 are free. Visit www.sarc-maryland.org for more information or like us on facebook, www.facebook.com/SARCharfordcounty.

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www.cpwnet.org
Membership Dues: \$85

Meeting Sponsorships \$150 Plus door prize

Fashion Show Corner:

Well Ladies, we've only got 2 months left before our 15th annual fashion show and we've got so many things going on that we are really excited about! If you are planning on coming out and "strutting your stuff" with the best women in Harford County, you can purchase your tickets on the CPWN website. The cost is, once again, \$45/members, \$55/non-members and guests or a table of 10 for \$450. Be sure to get your tickets early because last year was our best turn out so far and we don't want to have to turn anyone away.

Raffle tickets are available from any committee member or board member. Once again this year we have some great prizes, the grand prize is a \$1500 shopping spree with some great retailers represented for you to shop your heart out. Second prize is a beautiful Charles Krypell necklace & earring set donated by Saxon's Diamond Centers. The third prize is a one night getaway to Havre de Grace which includes a one night stay and breakfast at the VanDiver Inn and gifts cards for your enjoyment. Be sure to purchase your raffle tickets \$1/each or 6/\$5 for your chance at these great prizes!

Silent auction donations – we are still on the lookout for some awesome donations for the silent auction. No donation is too big or too small. We will accept cash or material donations of any type. Do you have a service that you can offer? Think outside the box! Please see Peggy Meyers (peggymeyers@comcast.net) or Maria Schnople (maria@richlincatering.com) with any questions about the silent auction. Donation deadline is August 31!

We hope you are as excited as we are to be celebrating our 15th year of helping Harford County charities that help Harford County women! More information can be found on the CPWN website (www.cpwnet.org)

Women Focused Events In The Community



Women's Giving Circle of Harford County Offers Grants for Programs Serving Women & Children

Applications are now being accepted for the Women's Giving Circle of Harford County Grants program. The Women's Giving Circle of Harford County provides one-year grants to nonprofit organizations serving Harford County for projects/programs that benefit women, children,

and/or families. For more information contact the Community Foundation of Harford County, Inc. at 443-371-6062 or cfharfordcounty@comcast.net.



Community Conversations: For Today's Women Series Begins This Fall

The Harford County Commission for Women will host a series of community conversations this fall. The first, "Stand Up and Be Counted: Schoolyard Bullying to Workplace Harassment". The evening will include a discussion about the rise in bullying and incivility from childhood to adulthood and will include ways to handle those situations and more. "Women for Women: Why Are We Our Own Worst Enemy?" is the theme of the second conversation.

The evening will include a discussion about women in the workplace and their treatment of one another. Mentoring—and whether it works or not in building up women in the workplace—will also be part of the discussion.

- ♦ "Stand Up and Be Counted: Schoolyard Bullying to Workplace Harassment".—Wednesday, September 25, from 6:30 to 7:30 p.m. at the Veronica "Roni" Chenowith Activity Center, 1707 Fallston Road in Fallston.
- ♦ "Women for Women: Why Are We Our Own Worst Enemy?" Monday, October 7, from 6:30 to 7:30 p.m. at the McFaul Activity Center, 525 West MacPhail Road in Bel Air.

Both Community Conversation event is open to the public and free of charge. For more information, visit harford-countymd.gov/services or call 410-638-4739.



Member Benefits

- Monthly meetings to network and promote your service or product.
- ♦ Advertising in our online membership directory with website and e-mail links.
- ♦ Varying meeting dates, times, and locations to meet your busy schedule.
- ◆ Topical speakers on issues pertaining to women and business.
- Opportunities for women to support and mentor each other in both business and personal aspects of our lives.
- ♦ Special events & Meeting Sponsorship
- A monthly newsletter with calendar of events, networking tips, member updates, and articles of interest.



Save The Date

CPWN Holiday Party!

December 10, 2013

LaBanque - Havre de Grace, MD

Sponsored by Debi Williams, M&T Bank

Committee Help Needed

The Newsletter and Website Committee is in need of members to assist out with multiple functions.

If you are interested in becoming more involved, please contact Carolyn Evans for more information by email cevans321@aol.com

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