

**Newsletter
April 2014**



Chesapeake Professional Women's Network, Inc.
Building Relationships. Growing Businesses.

Publisher
The Chesapeake
Professional Women's
Network

Editor
The CPWN Newsletter
Committee

CPWN
P.O. Box 654
Bel Air, MD 21014
www.cpwnet.org

**April's Sponsor:
Barbara Przybylski, Absolute Investigative Services**



Barbara Przybylski has lived in Harford County Since 1980 with her husband and four children. Barbara is involved in many non-profit fundraisers. Joining CPWN approximately two years ago, she has enjoyed many of the organization's events and networking.

Barbara is the Vice President of Absolute Investigative Services, and also does the public relation work, human resources, and advertising. Started in 1988, Absolute opened an office in Bel Air, 139 N. Main St, almost two years ago. The main office is 604 E Joppa Rd. Towson.

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Among other areas, Absolute specializes in Investigations, domestic, corporate, criminal, and workmen's compensation. The business has a large security staff as well, with armed and unarmed guards. Absolute also provides uniformed guards with marked patrol cars, radio communications, and executive protection.

Fingerprinting and Background Services is a growing industry and Absolute is a private provider for the State of Maryland specializing in taking digital live scan and ink prints. Absolute also conducts pre-employment checks, record searches and so much more.





March's Networking Meeting Review



CPWN was very fortunate to have Keith Scott as the speaker for March's networking luncheon. Mr. Scott gave a talk called "Speaking With Authenticity" which was informative, entertaining, and inspiring. Though over six feet tall, the speaker did not need his stature to hold the attention of the attendees having lunch at The Tower in Bel Air because his presentation was so engaging. "Authentic" is exactly the adjective that best describes Scott, and he shared his easy tips on improving one's presence and message when speaking in public.

Scott banned the use of such fill-in words as "um," "so," and "ok" and challenged a few CPWN members to speak on a random topic for a short time without using the taboo lingo. Many succeeded while some found it difficult. The audience pointed out missteps by drumming on their tables. Another exercise in which Scott engaged the group was having them write down the one word that keeps each of them working hard and motivated every day, and then surrounding that word with four others that supported it. The goal was to incorporate each of the words into the CPWN members' 30-second promotional plugs so that everyone came away with a more polished, engaging and authentic way of marketing their business. By the end of the talk, Scott had informed everyone that speaking about your passion is the best way to relax, reduce nerves, and present yourself in the most authentic manner when speaking in public.

Interested in perfecting your public speaking? There are more than 200 Toastmasters International clubs in the state of Maryland alone! For information on how to get involved, visit: www.toastmasters.org.



Clockwise from left: Keith Scott gives his talk, "Speaking With Authenticity"; A CPWN member tries her hand at one of Scott's challenges; CPWN members write down words that inspire them.

CPWN's Upcoming Networking Events

March 25, 2014

Happy Hour

Location: Pairings Bistro

Fashion Show Fundraiser

Sponsor: Renee McNally

25% of all purchases of food and drink will be donated to CPWN Fashion Show. Last minute arrivals ok - no pre-registration required.



April 8, 2014

Luncheon—11:30-1:30

Location: Vandiver Inn, 301 S Union Ave., HDG

A Networking Event

Sponsor: Barbara Przybylski, Absolute Investigative Services

Member: \$20/Nonmembers: \$30

May 3, 2014

Baltimore Actors Theatre presents: South Pacific

Time: 6:00p.m.

Location: Oregon Ridge Dinner Theatre, 13401 Beaver Dam Rd., Hunt Valley

Tickets: \$38.00

May 13, 2014

Breakfast—8:00 a.m.—10:00 a.m.

Location: Richlin Ballroom, 1700 Van Bibber Rd. Edgewood

Sponsor: Jodi Davis, The Kelly Group

Speaker: Sylvia Bryant, Human Relations Manager, Harford County Government
"Human Trafficking—Why It Matters to You"

Member \$20/Nonmembers: \$30

June 10, 2014

Luncheon—11:30-1:30

Location: TBA

A Networking Event

Sponsor: Cynthia Wood, Anna's House

Member: \$20/Nonmembers: \$30

July 8, 2014

Luncheon—11:30-1:30

Location: Waters Edge Corporate Center, 4678 Millennium Dr., Belcamp

Sponsor: TBA

Speaker: Mary Eilerman, Chief of Public Safety of Harford Community College
Topic: Self Defense


Member: \$25/Nonmembers: \$35

Event Registrations Close on the Friday before the event at noon.

Cancellation Policy: Please remember it is CPWN policy that change to an event registration must be made NO LATER THAN the Friday before an event. If you do not notify CPWN by this date, you will be responsible for the full registration fee.

Other Upcoming Events

Save the Date for these fantastic events!



Lead.
Empower.
Inspire.

You're Invited...

Women of Tomorrow Recognition

hosted by Harford County Commission for Women

A very special evening honoring outstanding young women enrolled in Harford County Schools (grades 7-12), who have demonstrated a commitment to community service and academic excellence.

Monday, April 7, 2014
6:00 – 7:30 p.m.
Abingdon Library
2510 Tollgate Road
Abingdon, MD 21009


Featuring the Honorable Angela Eaves as keynote speaker, special guests and dignitaries; light refreshments will be served. There is no cost to attend, but RSVP's are required.

Please RSVP to:
410-638-4739 or lgmanfuso@harfordcountymd.gov

Harford County Commission for Women...promoting the economic, social and political equality of women.

David R. Craig
Harford County Executive
Elizabeth S. Hendrix
Director, Dept. of Community Services

Commission for Women
Harford County Department of Community Services
www.harfordcountymd.gov/services/women
410-638-4739



Save the Date • May 13

A Community Conversation

Women for Women: Part II

A continued conversation exploring women and their treatment of one another

Monday, May 13, 2014 | 6:30 p.m.

McFaul Activity Center
525 W. MacPhail Road, Bel Air

www.harfordcountymd.gov/services/women



Harford County
Commission
for Women

*Lead
Empower
Inspire*

Baltimore Actors Theatre Presents: **SOUTH PACIFIC!**

When: May 3, 6:00 p.m.

Where: Oregon Ridge Dinner Theatre

Tickets: \$38.00 per person, includes show and buffet dinner. Guests welcome at no additional charge.

See included flyer for more details.

OREGON RIDGE DINNER THEATRE

Presents

SOUTH PACIFIC



Saturday, May 3, 2014

Doors open at 6:00pm, Buffet 6:30pm, Show 8:00pm

Cost per ticket: \$38.00

Oregon Ridge Dinner Theatre is located at:

13401 Beaver Dam Road

Hunt Valley, MD 21030

Phone: 410-771-8427

<http://baltimoreactorstheatre.org/dinner-theatre>

SAVE THE DATE!
March 25 Happy Hour
at Pairings Bistro!



CPWN is hosting a Happy Hour Fundraising event on March 25 at Pairings Bistro from 5:30PM-7:30PM. Anyone 21+ is welcome to attend, so bring your friends!

The event is free to everyone and a portion of the proceeds from the evening will go directly to funding the 2014 CPWN Fashion Show .

If you would like to support CPWN at this event, please register online at www.cpwnet.org by Friday, March 21.

Pairings Bistro
2105 Laurel Bush Rd, Suite 108
Bel Air, MD 21015
Located off Rt. 924 behind
Festival Shopping Center, near
Susquehanna Bank

March's Happy Hour Sponsor:
Renee McNally

Renee McNally is the owner of HR Solutions which is in its 10th year of business. HR Solutions provides a full range of HR services to small and medium sized businesses. As the business has evolved, she has created a new division - Strategic Solutions Coaching. Strategic Solutions Coaching provides Leadership Development in the form of Mastermind Groups and individual coaching. Renee has just been certified as a John Maxwell speaker, trainer, and coach and is very excited to be able to provide these much needed services to the community!

Renée A. McNally, SPHR
President
HR Solutions, LLC
443-243-4031
www.hrsolutionsllc.com



Learn to golf,
Improve your swing,
Have fun on a golf course
for 5 weeks this spring!



**The Mid-Atlantic Chapter of Women In Defense and
the Chesapeake Professional Women's Network present**

She Golf.

Low-pressure, high-fun golf clinics for women (and a few brave men)

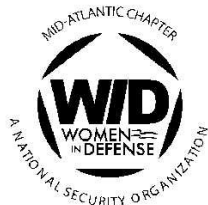
Choose the location and day of the week most convenient for you:

- Tuesdays at 5 p.m.
Bulle Rock in Havre de Grace
April 29 - May 27
- Thursdays at 4:45 p.m.
Maryland Golf & Country Club in Bel Air
April 24 - May 22
- Wednesdays at 5 p.m.
Bulle Rock in Havre de Grace
April 30 - May 28
- Fridays at 4:30 p.m.
Ruggles at Aberdeen Proving Ground
April 25 - May 23

Only \$135

includes all five sessions with a golf pro, golf clubs, and tons of fun!

Register today: <https://shegolf.eventbrite.com>



For more information, contact:

Sue Manning at smanning@freedomfcu.org

Renee McNally at renee@hrsolutionsllc.com

Joan Michel at joan.michel@profilellc.com





CPWN is growing every month! Please take a moment to meet our newest members!

Evan and Michelle Christman
Employer: Christman Family Chiropractic
Position: Chiropractor and Chiropractic Assistant

Rebecca Larson
Employer: PNC Bank
Position: Business Banking Relationship Manager

Michelle Pieffer
Employer: Katherine Harclerode, RN
Position: Aesthetic Nurse



CPWN also has several member anniversaries this month!
Congratulations to everyone!

Member Anniversaries for April

9 years	Lisa Randlett
8 years	Luisa Caiazzo
	Vicki Franz
7 years	Barbara Williams
5 years	Season Voelker
4 years	Jessica Bieber
	Kathy Walsh
3 years	Cynthia Hergenbahn
	Amber Shrodes
2 years	Holly deBaugh
	Carla Sparrow
1 year	Dee Babb
	Michele Haws
	Laura Bechtel
	Cynthia Brown
	Rhonda Kimble
	Barbara Przybylski
	Gail Spielberger
	Jennifer Palinkas



Above: CPWN members smile at March's networking meeting; Below: CPWN members networking at the Tower in Bel Air

The Daily Record names CPWN members Elizabeth Hendrix and Dr. Mary Teddy Wray two of Maryland's Top 100 Women!

Congratulations to Ms. Hendrix of Harford County's Department of Community Services and to Dr. Wray of Laurel Bush Family Dentistry for this outstanding recognition.



Elizabeth S. Hendrix, Director of Community Services, began her career with Harford County Government in 1998. Prior to becoming Director, Mrs. Hendrix served as the Deputy Director since 2003 and Community Development Manager/Community Development Coordinator from 1998 – 2003.

During her career with the Department of Community Services, Hendrix has served as a liaison with agencies within and outside of government on community related issues. Through her position, she works to meet the needs of our seniors, youth, persons with disabilities and those struggling with addiction. The Department of Community Services works with federal, state, local and private agencies to ensure our county continues to evolve and remains dedicated to providing the best possible services for our citizens and community.

In her current position she oversees five divisions: Harford Transit, the Office on Aging, the Office of Drug Control Policy, the Office of Human Relations, the Community Development Division. Her Department also has five commissions and three boards: the Commission for Women, the Commission on Disabilities, the Harford County Human Relations Commission, the Harford County Youth Commission, the Harford County Community Mediation Commission, the Advisory Board on Aging, the Local Management Board, Cultural Arts Board and FACE-IT.

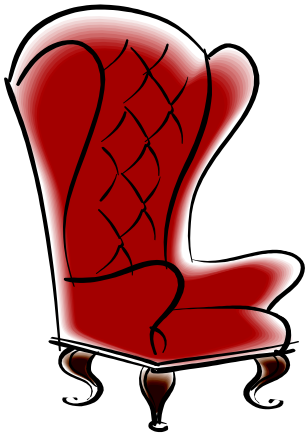
In addition to her work with county government, Mrs. Hendrix is active on various boards and associations and is intimately involved in the community. Mrs. Hendrix education includes a Masters of Arts in Business and a Bachelor of Science in Business Administration. She is also a Class of 2000 graduate from the Harford Leadership Academy.



Dr. Mary Teddy Wray is the Owner of Laurel Bush Family Dentistry located in Bel Air. Most people call her " Dr. Teddy" the community oriented dentist. Besides providing the best dental care to her patients, she spends much of her free time volunteering and supporting many local non-profit organizations.

Dr. Wray is a trustee of 3 organizations, namely Harford Friends School, SARC, and The Harford County Center for the Arts. She also spends a lot of time fundraising for nonprofit organizations. She is a mother of 2 sons and resides in Bel Air.

Among her other accolades, Dr. Wray was named the 2014 Athena Award recipient on February 7th, 2014. She will also receive the Outstanding Volunteer of the Year award on April 12, 2014.



Patty's Corner

Happenings In and Around CPWN

Dear CPWN Members:

What's on tap for this month? Hopefully warmer weather so we can all get out and network and grow our businesses!

This month's question: "How do I get on the list to become a Board Member?"

As you know, CPWN has a working board, and being on the board is a volunteer position. To "get on the list" a CPWN member needs to serve on a committee for two years and attend as many meetings as possible.

The benefits to joining a committee before becoming a board member are twofold. First, being on a committee will help you build stronger personal and professional relationships. Second, it will assist you in growing your business. First and foremost, CPWN is a networking group of professional women. That's why you joined, right?

What benefits do you get from becoming a board member? Let me share my experience with you:

I have been a board member for eight years now. While working on the board I have gained leadership skills I could not have been taught in a classroom. I formed relationships with women who have helped me in my professional pursuit of growing my business as well as those who have helped me through some rough times in my personal life. As they say in business, you cannot buy for any amount of money what this organization has taught me. The respect you earn from serving the organization and the non-profits in the community is very rewarding.

Each and every board member will tell you the same thing: If you want to get more involved, this is the way to do it. Consider working on a committee first. There are openings in many areas and we need assistance to keep CPWN moving forward.

Don't forget our next events!

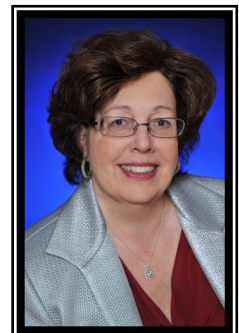
March 25th Happy Hour Fundraiser @ Pairings Bistro in Bel Air

April 8th Networking Luncheon @ Vandiver Inn in Havre de Grace

See you there!

Sincerely,
Patty Desiderio

P.S. Next month: Fashion Show Happenings and Updates on Tickets, Raffle, etc.





Chesapeake Professional Women's Network, Inc.
Building Relationships. Growing Businesses.

Wanted: *Committee Members*

Committees you can join

Fashion Show Committee

jeannette@md-pahomeloans.com

Newsletter Committee

bhendrix@harfordcountymd.gov

Website/Social Media Committee

Open

Membership Committee

beverleybsmith@aol.com

Benefits to joining a committee

Stronger relationships

Further the organization

Build your business

You choose the time commitment

*Make the most of
your
networking!*

CPWN is run exclusively by volunteers. All board members have served as committee members. All committee members are volunteers who plan and carry out all events, newsletters, etc...

www.cpwnet.org

Questions? Contact Carolyn Evans at: cevans321@aol.com

OPENING DOORS FOR WOMEN



This year's Athena Finalists want to give something back to our community and will be doing so this June by hosting a program called Opening Doors for Women. This program will aid women in our community who need assistance by providing them with interviewing skills, information on what employers look for when hiring, soft skills needed in order to be successful, and discussion on types of clothing appropriate for interviewing and the workplace environment.

We are asking for your help to provide gently used and dry cleaned **business clothing that can be given to the participants of Opening Doors for Women on the day of the event.**

If every CPWN member could look in their closet and bring just one outfit to the April or May CPWN monthly luncheon, it would be greatly appreciated. Talking about dressing for success and then providing the tools necessary would allow us to further assist the participants in their future workplace success.

For more information, or if you have questions, please contact Mary Ann Bogarty:
mabogarty@harfordbank.com

Interested in Receiving a Donation from CPWN?

CPWN's Giving Policy

CPWN supports charities based on the organization's promotion or involvement in causes of women and families that pertain to women in the workplace.

If you believe that your organization is a 501(c)(3) organization that falls within CPWN's policy of giving, please submit a request for a donation explaining how your organization meets the policy, and how the funds would be used. The request must be on your organization's letterhead, and must be sent to the following address:

Chesapeake Professional Women's Network
PO Box 654
Bel Air, Maryland 21014

For your information, the Chesapeake Professional Women's Network is a networking organization that does limited fundraising for charitable purposes in accordance with the policy. We do not guaranty any donation as result of your request.

Board and Committee Directory

Board of Directors

President

Carolyn W. Evans
Sengstacke & Evans, LLC
cevens321@aol.com

Vice President

Patty Desiderio
Patty's Promotions
pattygiftbaskets@comcast.net

Treasurer

Melissa Harbold
Merrill Lynch
melissa_harbold@ml.com

Secretary

Wendy Lee
Susquehanna Spine & Rehab
wendy@susquespine.com

Immediate Past President

Renee McNally
HR Solutions, LLC
renee@hrsolutionsllc.com

Board Members At Large

Mary Ann Bogarty

Harford Bank
mabogarty@harfordbank.com

Kim Zavrotny

McComas Funeral Home
kzavrotny@mccomasfuneralhome.com

Jeannette Stancill

Alliance Mortgage Funding
Jeannette@md-pahomeloans.com

Kelly Bedsaul

Weyrich, Cronin & Sorra, Chartered
KellyB@wcscpa.com

Bev Smith

Bev Smith
The Lee Tessier Team,
Keller Williams American Premier Realty
bev@leetessier.com

Committee Chairs

Ambassador & Membership

Bev Smith
The Lee Tessier Team,
Keller Williams American Premier Realty
bev@leetessier.com

Events

Renee McNally
HR Solutions, LLC
renee@hrsolutionsllc.com
&
Kim Zavrotny
McComas Funeral Home
kzavrotny@mccomasfuneralhome.com

Fashion Show

Jeannette Stancill
Alliance Mortgage Funding
Jeannette@md-pahomeloans.com

Newsletter Editor

Jordan Williams
CPWN Intern
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Website/Social Media

Open

Meeting Sponsorships

Kelly Bedsaul
Weyrich, Cronin & Sorra, Chartered
KellyB@wcscpa.com

CPWN

P.O. Box 654
Bel Air, MD 21014
www.cpwnet.org

2013-2014 CPWN Sponsorship Guidelines

- ◆ Must be a member in good standing (annual dues paid, no outstanding invoices).
- ◆ Your sponsorship may be used to promote the business that employs you, or that you own (in whole or in part).
- ◆ Sponsorship fee is to be paid in advance of the sponsored event.
- ◆ You have exclusive use of table tops to put marketing material, promotional items, etc. Please arrive early to distribute the material. You may put up a banner advertising your business.
- ◆ You have **5** minutes to speak/present. Please do not go over this time limit.
- ◆ All sponsorships are subject to approval of the Board of Directors of CPWN.
- ◆ Sponsorship guidelines are subject to change by the Board of Directors of CPWN.

Luncheon Sponsorship Details

- ◆ Sponsorships fee is \$150 (unless designated a special event) and includes 1 event registration (**please do not register for the event**, as your 1 event registration is done automatically).
- ◆ You need to provide a door prize.
- ◆ Sponsors are featured in CPWN's newsletter. Please provide us with 250-300 words about your company. Someone from the newsletter committee will contact you the month prior to the event.

Happy Hour Sponsorship Details

- ◆ Sponsorships fee is \$50 and includes 1 event registration (**please do not register for the event**, as your 1 event registration is done automatically).

Contact: Kelly Bedsaul, KellyB@wcscpa.com to arrange your Luncheon or Happy Hour sponsorship. Sponsorships are offered on a first come-first served basis.



***Building Relationships.
Growing Businesses.***

www.cpwnet.org
Membership Dues: \$85

CPWN Member Benefits

- ◆ Monthly meetings to network and promote your service or product.
- ◆ Advertising in our online membership directory with website and e-mail links.
- ◆ Varying meeting dates, times, and locations to meet your busy schedule.
- ◆ Topical speakers on issues pertaining to women and business.
- ◆ Opportunities for women to support and mentor each other in both business and personal aspects of our lives.
- ◆ Special events & Meeting Sponsorship
- ◆ A monthly newsletter with calendar of events, networking tips, member updates, and articles of interest

CPWN's Membership Policy

- ◆ Membership with CPWN is by individual and not by company.
- ◆ It is not transferable.
- ◆ When a member leaves, transfers or changes employment, the member carries her membership to her new place of employment, or it may simply lapse.
- ◆ An unexpired membership is not transferred to the member's replacement at her prior employment.

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