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CPWN

**Chesapeake Professional
Women's Network**

PO Box 654, Bel Air 21014

www.cpwnet.org



When Women Gather, Magic Happens!

May Sponsor - Jennifer Coakley, Jenskin Studios



Jennifer is a Licensed Esthetician (Skin Care Therapist) since 2005 and now practices skin care using a holistic approach. She combines products that have been formulated with pure plant material and nutritional grade ingredients to address today's skin issues without compromising the health of the skin. She combines these products with healing modalities such as massage, lymph drainage, gemstone therapy and Reiki. Her focus is to support the skin's health and assist in balancing one's overall well being and peace.

www.jenskinstudios.com

(828) 772-6413

122 S Main Street, Bel Air

May Speaker - Meg Sanchez, RN



Meg Sanchez, RN, Owner & Lead Trainer of Registered Yoga School, Harford Yoga Institute, believes in maintaining a balance in living well and being present through asana (pose) and pranayama (breath) practice, nutrition, and mindfulness of oneself. Ultimately cultivating a happier journey through life, regardless of where one may be going.

Licensed by The Maryland Board of Nursing and an E-RYT 200, RYT 500- YACEP through Yoga Alliance. Welcome Meg as our Speaker of Yoga!



What's Happening at CPWN

TUESDAY, MAY 9 - Member lunch, 11:30am-1:30pm, Vandiver Inn, HdG.
Sponsored by Jennifer Coakley, Jenskin Studios. Speaker: Meg Sanchez

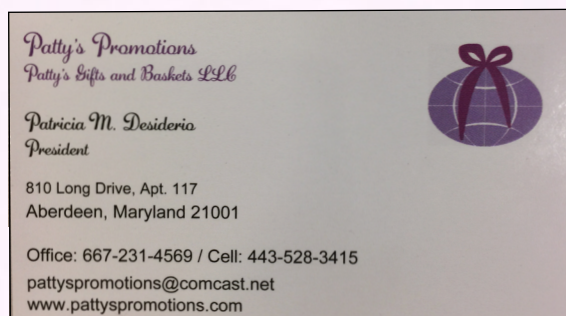
TUESDAY, JUNE 13 - Member lunch, 11:30am-1:30pm, Water's Edge
Event Center. Sponsored by Laura Rowland, N2Publishing.

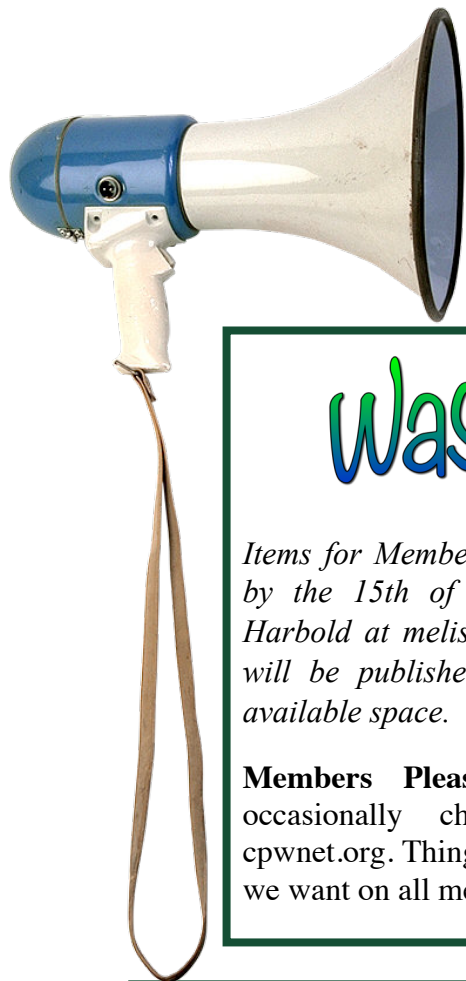
If you have special food needs, please email
jeannette.stancill@fitzgeraldfinancial.net

PLEASE NOTE: Event registrations closes **Thursday before the event.**

Cancellation Policy: Please remember it is CPWN policy that change to an event registration must be made **NO LATER THAN** end of day Thursday before the event. If you do not notify CPWN by this time, you will be responsible for the full registration fee.

**At each meeting two
attendees' cards will be
drawn to be featured in the
following month's newsletter.**





Member News

Wassup?

Items for Member News can be submitted by the 15th of each month to Melissa Harbold at melissa_harbold@ml.com and will be published at her discretion and available space.

Members Please Note: Be sure to occasionally check your profile on cpwnet.org. Things may have changed, and we want on all members to be up to date.

SAVE THE DATE

Thurs, 6/1 - Ahoy! Cocktails by the Bay
Benefit for HFH. Info: Kelli
410-273-6700

Thurs, 8/17, Homeruns for the Homeless, benefit for HFH.

If you are a **nonprofit member**, please forward your events to jody@coffeenewsharford.com. Events will be listed as space allows.

Member Anniversaries

8 Years

Jen Bourgeois

7 years

Kimberly Zavrotny

6 Years

Kelly Burk

4Years

Terry Miller-Snee

3 Year

Cathy Dermott

Diane Lyle

2 Years

Susan Kelly

Linda Flint

Tammi Jones

Ginger Coppersmith

Debora Gavin Merlock

1 year

Jennifer Coakley

Beth Marchiano

New Members

Tom Rzepnicki

Danielle Wallace



2016-2017 CPWN Sponsorship Guidelines

Contact: Lisa Fuller at Lisa.Fuller@insurewithfuller.com , to arrange your sponsorship. Sponsorships are offered on a first come-first served basis.

Regular Monthly Meetings

- Be a member in good standing (annual dues paid, no outstanding invoices).
- Sponsorship may be used to promote the business that employs you or that you own (in whole or in part) and that is the business you are registered with in CPWN's records.
- Sponsorships fee is \$150 (unless designated a special event) and includes 1 event registration (**please** do not register for the event, as your 1 event registration is done automatically).
- Sponsorship fee is to be paid in advance of the sponsored event.
- Provide a door prize.
- Exclusive use of table tops to put marketing material, promotional items, etc. Please arrive early to distribute the material.
- 5 minutes to speak/present. Please do not go over this time limit.
- Sponsors are featured in CPWN's newsletter. Provide, in a Word doc if possible, 250-300 words about your company. Someone from the newsletter committee will contact you the month prior to the event. A headshot is recommended as well.
- All sponsorships are subject to approval of the Board of Directors of CPWN.
- Sponsorship guidelines are subject to change by the Board of Directors of CPWN.
- All meeting locations, speakers, etc., are subject to change by the Board of Directors of CPWN.
- No co-sponsorships are available.

Happy Hours

- Must be a member in good standing (annual dues paid, no outstanding invoices).
- Sponsorship may be used to promote the business that employs you or that you own (in whole or in part) and that is the business you are registered with in CPWN's records.
- Sponsorships fee is \$50 and includes 1 event registration (**please** do not register for the event, as your 1 event registration is done automatically).
- Sponsorship fee is to be paid in advance of the sponsored event.
- Exclusive use of table tops to put marketing material, promotional items, etc. Please arrive early to distribute the material. You may put up a banner advertising your business.
- 5 minutes to speak/present. Please do not go over this time limit.
- All sponsorships are subject to approval of the Board of Directors of CPWN.
- Sponsorship guidelines are subject to change by the Board of Directors of CPWN.
- All meeting locations, speakers, etc., are subject to change by the Board of Directors of CPWN.
- No co-sponsorships are available.

CPWN Member Benefits

- Monthly meetings to network and promote your service or product.
- Advertising in our online membership directory with website and email links.
- Varying meeting dates, times and locations to meet your busy schedule.
- Topical speakers on issues pertaining to women and business.
- Opportunities for women to support and mentor each other in both business and personal aspects of our lives.
- Special events as appropriate.
- Meeting sponsorship opportunities.
- A monthly newsletter with the calendar of events, networking tips, member updates, and articles of interest.
- Facebook posting for New Members with contact information.
- Facebook posting of Current Member Spotlights.

CPWN Membership Policy

- Membership with CPWN is by individual and not by company.
- It is not transferable.
- When a member leaves, transfers or changes employment, the member carries her membership to her new place of employment, or it may lapse.
- An unexpired membership is not transferred to the member's replacement at her prior employment.

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